

HSRV 124

Introduction to Mental Health

Students completing this course will be able to:

1. Demonstrate a clear understanding of the historical perspective of mental health in order to build professional confidence and success working in the field.
2. Acquire an appreciation of the contributions and continuing influence of pioneers in mental health in order to perform competently in future work settings.
3. Acquire an introductory level of fluency with terminology and basic concepts in mental health in order to perform competently in future coursework and in the workplace.
4. Demonstrate familiarity with the different mental health disorders and their characteristics as seen in the DSM IV RT in order to work more effectively in future work settings.
5. Develop basic knowledge of the behavioral model, an understanding of the affects medications have on behavior and apply this knowledge to case simulations in order to be prepared to assist clients in future work settings.
6. Demonstrate an awareness of the importance of advocacy in the field of mental health and examine a number of public and private advocacy organizations in order to work more effectively with future clients.
7. Strengthen core competencies in reading, writing, oral communication and critical thinking in order to increase success in other courses and in the workplace.